



Big Mike

Health and Fitness partner through Health Technology.

Team Alexa

Team Alexa



Michael "Big Mike" Galon

- Full Stack Developer / Alexa Skills Developer
- Certified AWS Solutions Architect / SysOps
- **Personal Trainer**



Amah Buenaventura, CPA, MBA

- Financial Manager @ Aston Martin Manila
- Financial Advisor @ Sun Life
- **Vegetarian**



Tristan Rosales

- Analyst Programmer @ Asiagate Networks, Inc
- **Loves Basketball (Sporty)**



CERTIFIED BLOCKCHAIN DEVELOPER™ - V2



CERTIFIED BLOCKCHAIN EXPERT™ V2

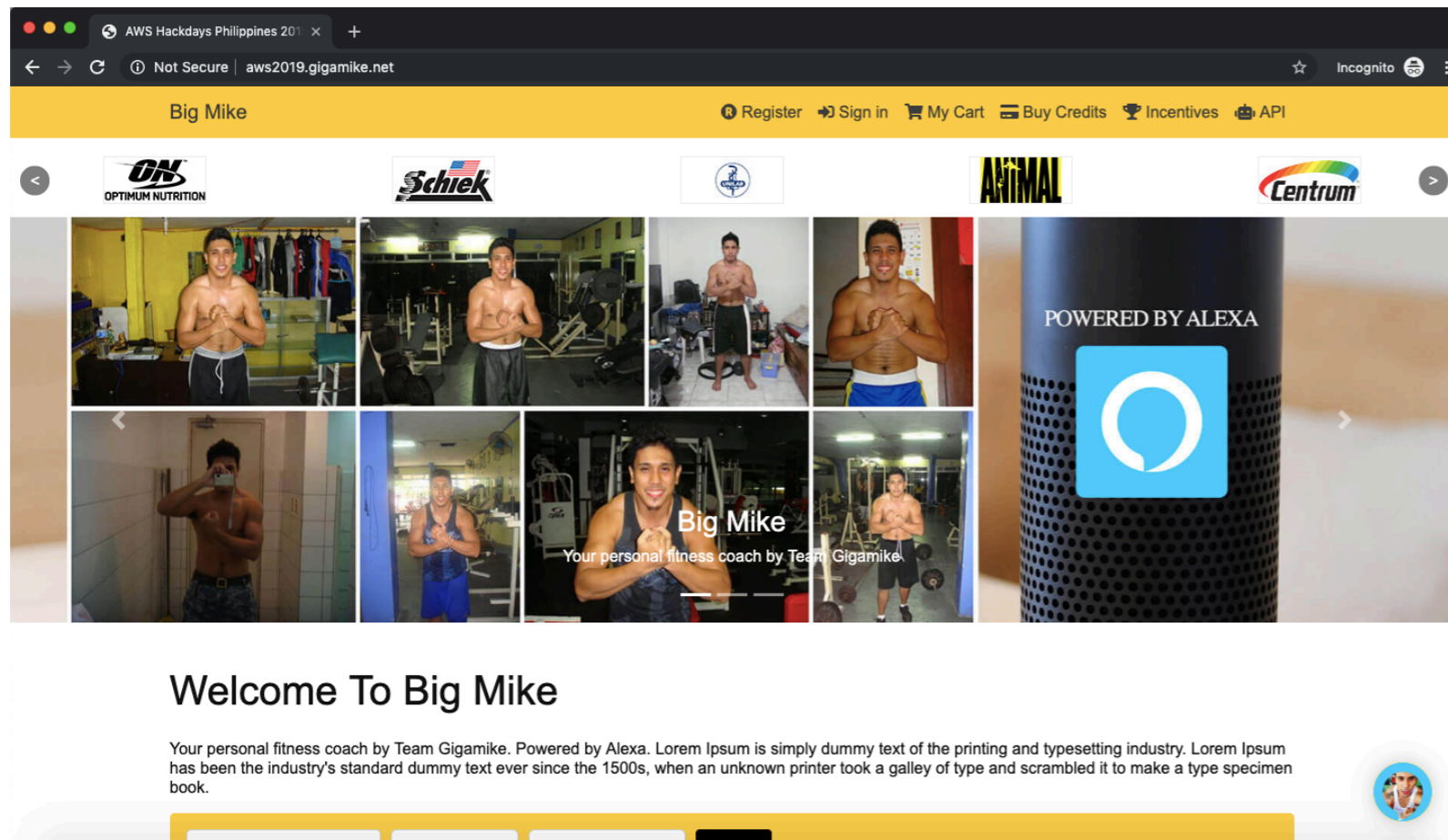
Problems

- Weight Problem.
- Lack of Motivation.
- Lack of information
 - Nutrition Facts Label.
 - Health products.



Solution: Big Mike

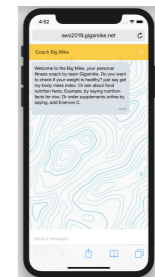
Online platform that brings professional fitness coach, their health products and health conscious market together.



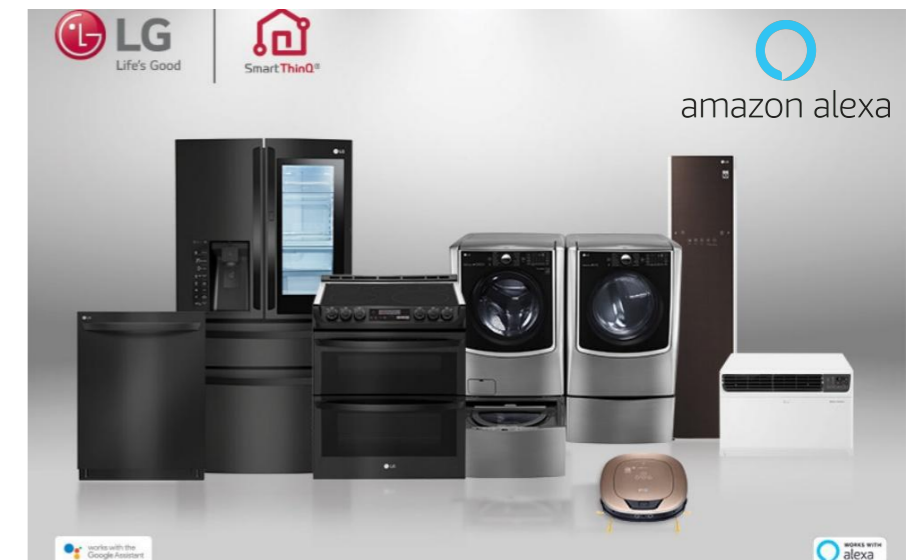
<https://aws2019.gigamike.net>



Tablet

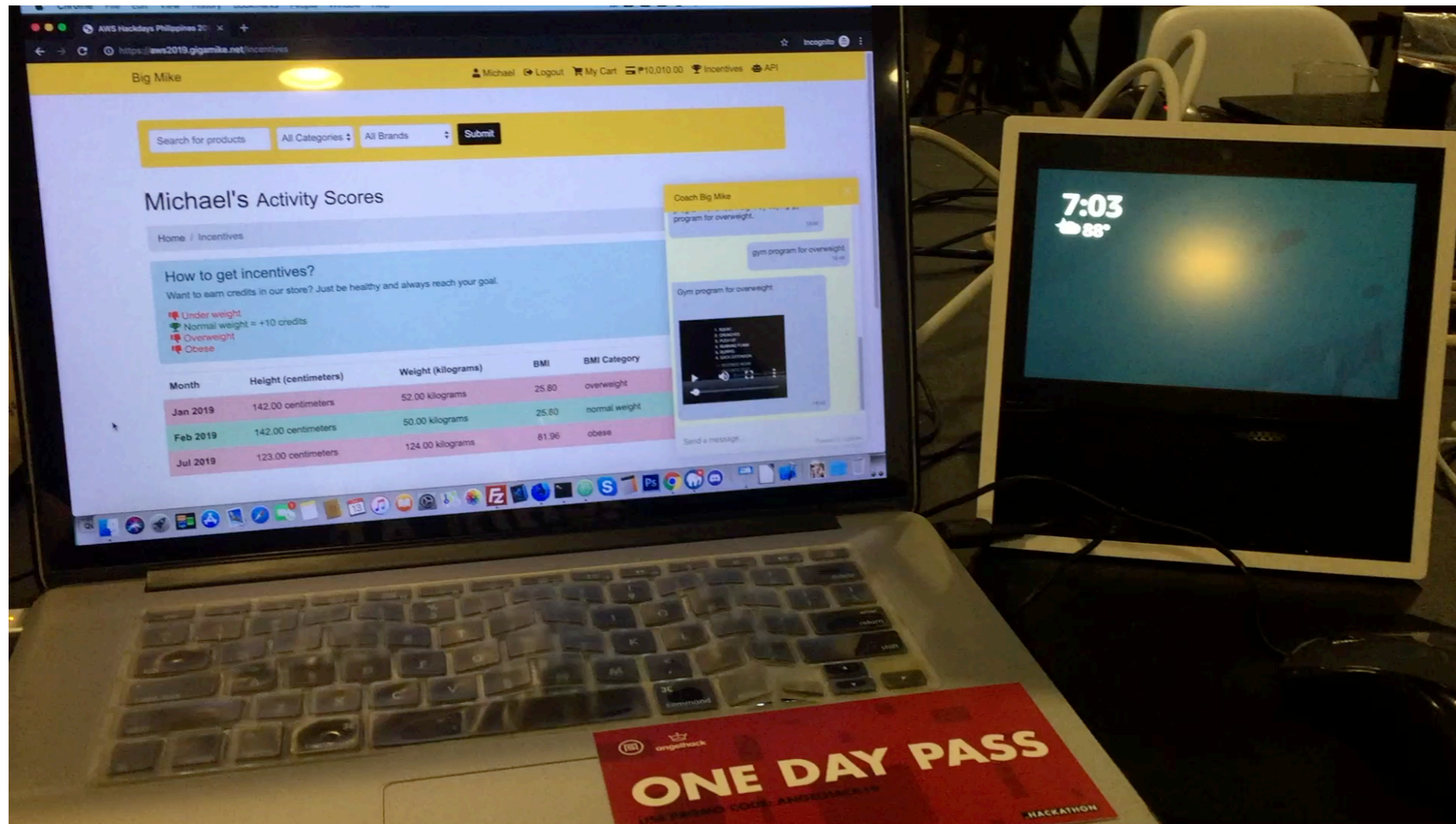


Mobile



Smart Appliances

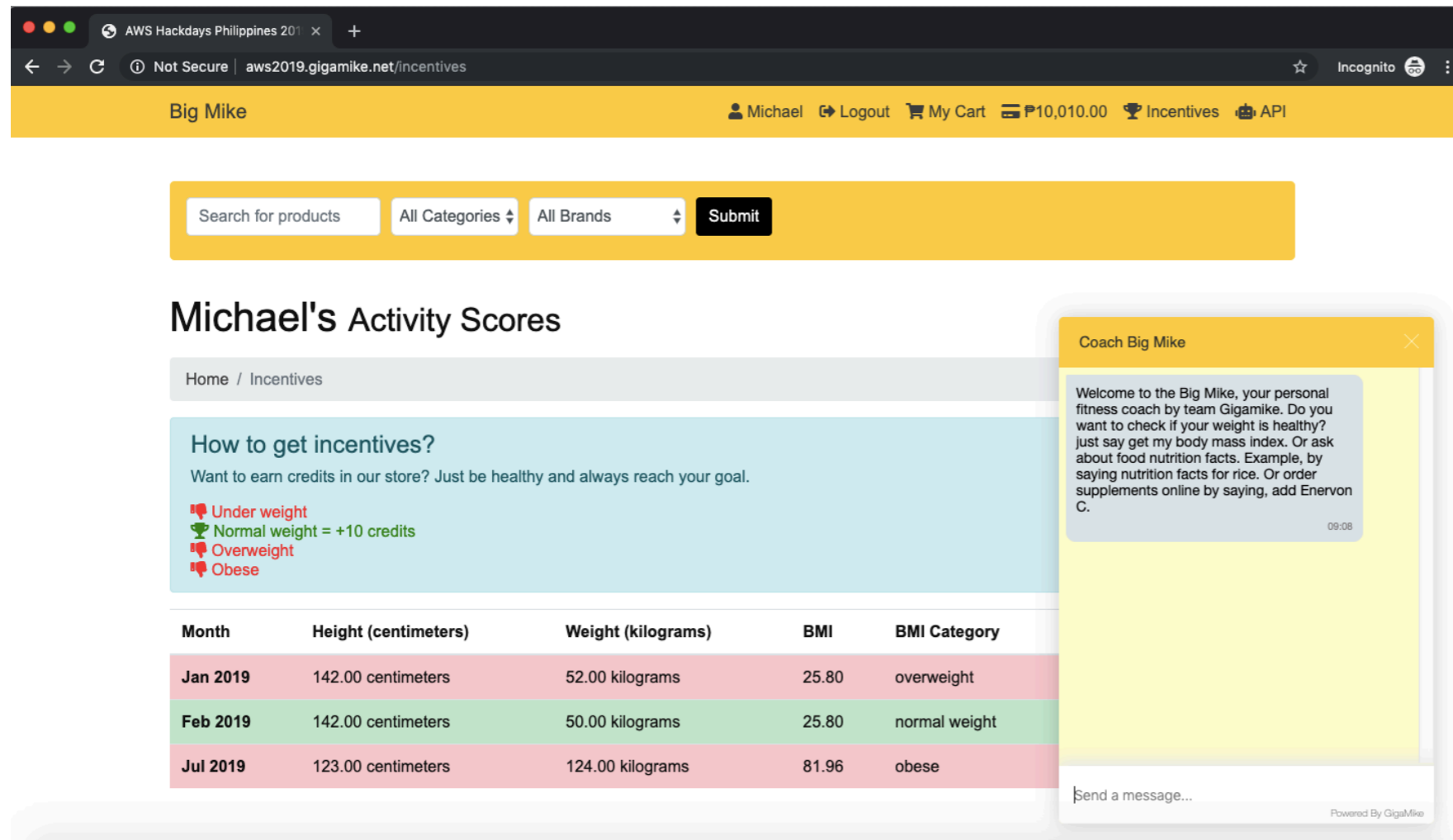
Demo Feature 1



Are you healthy? What Diet? Gym Program?

Get Body Mass Index (BMI) and recommend.

Demo Feature 2



Search for products All Categories All Brands Submit

Michael's Activity Scores

Home / Incentives

How to get incentives?
Want to earn credits in our store? Just be healthy and always reach your goal.

- Under weight
- Normal weight = +10 credits
- Overweight
- Obese

Month	Height (centimeters)	Weight (kilograms)	BMI	BMI Category
Jan 2019	142.00 centimeters	52.00 kilograms	25.80	overweight
Feb 2019	142.00 centimeters	50.00 kilograms	25.80	normal weight
Jul 2019	123.00 centimeters	124.00 kilograms	81.96	obese

Coach Big Mike

Welcome to the Big Mike, your personal fitness coach by team Gigamike. Do you want to check if your weight is healthy? just say get my body mass index. Or ask about food nutrition facts. Example, by saying nutrition facts for rice. Or order supplements online by saying, add Enervon C.

09:08

Send a message...

Powered By GigaMike

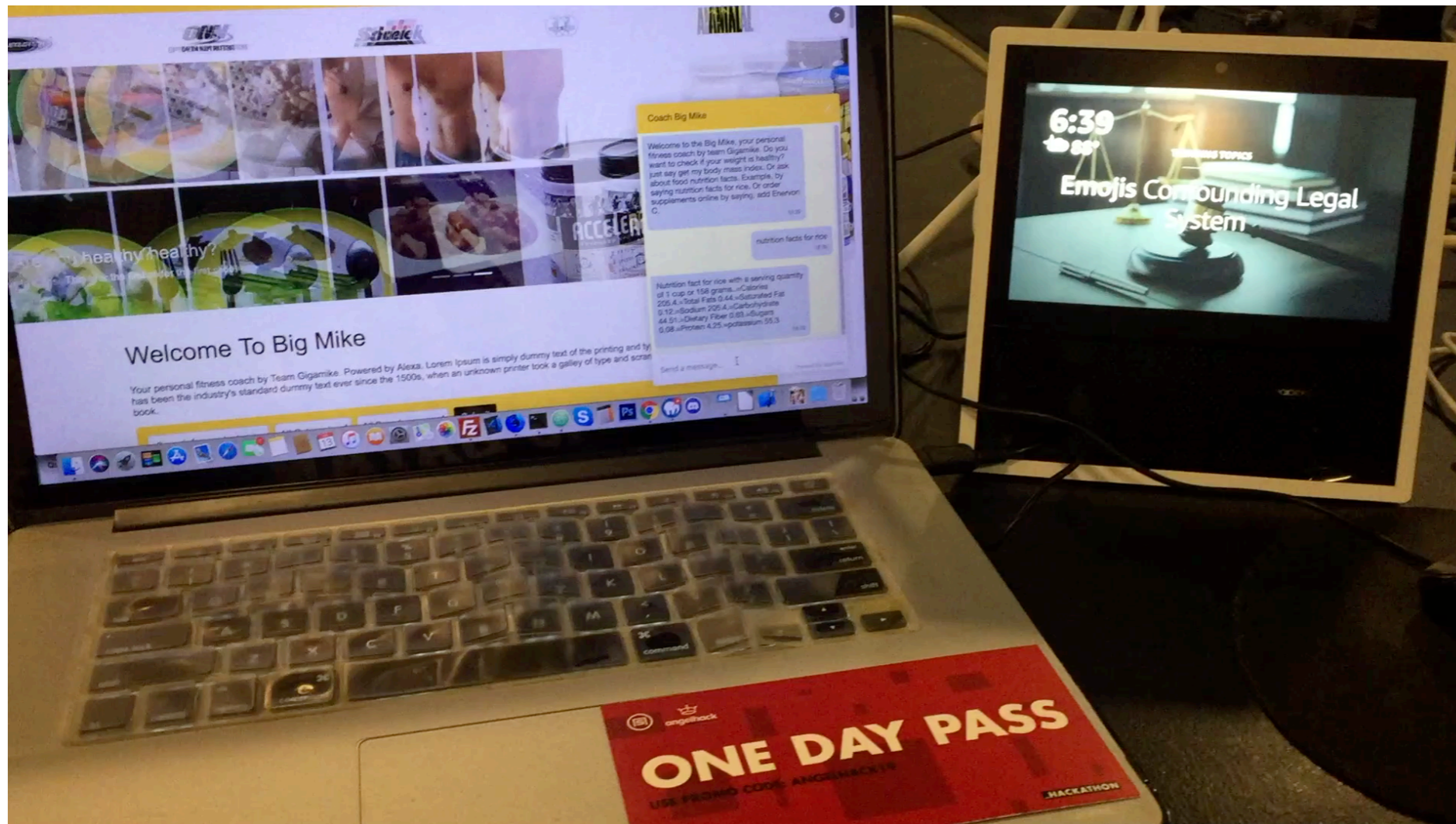


Motivation!

Reach your **goals** and get **incentives, credits** and **discounts** on health products/gym accessories

<http://aws2019.gigamike.net/incentives>

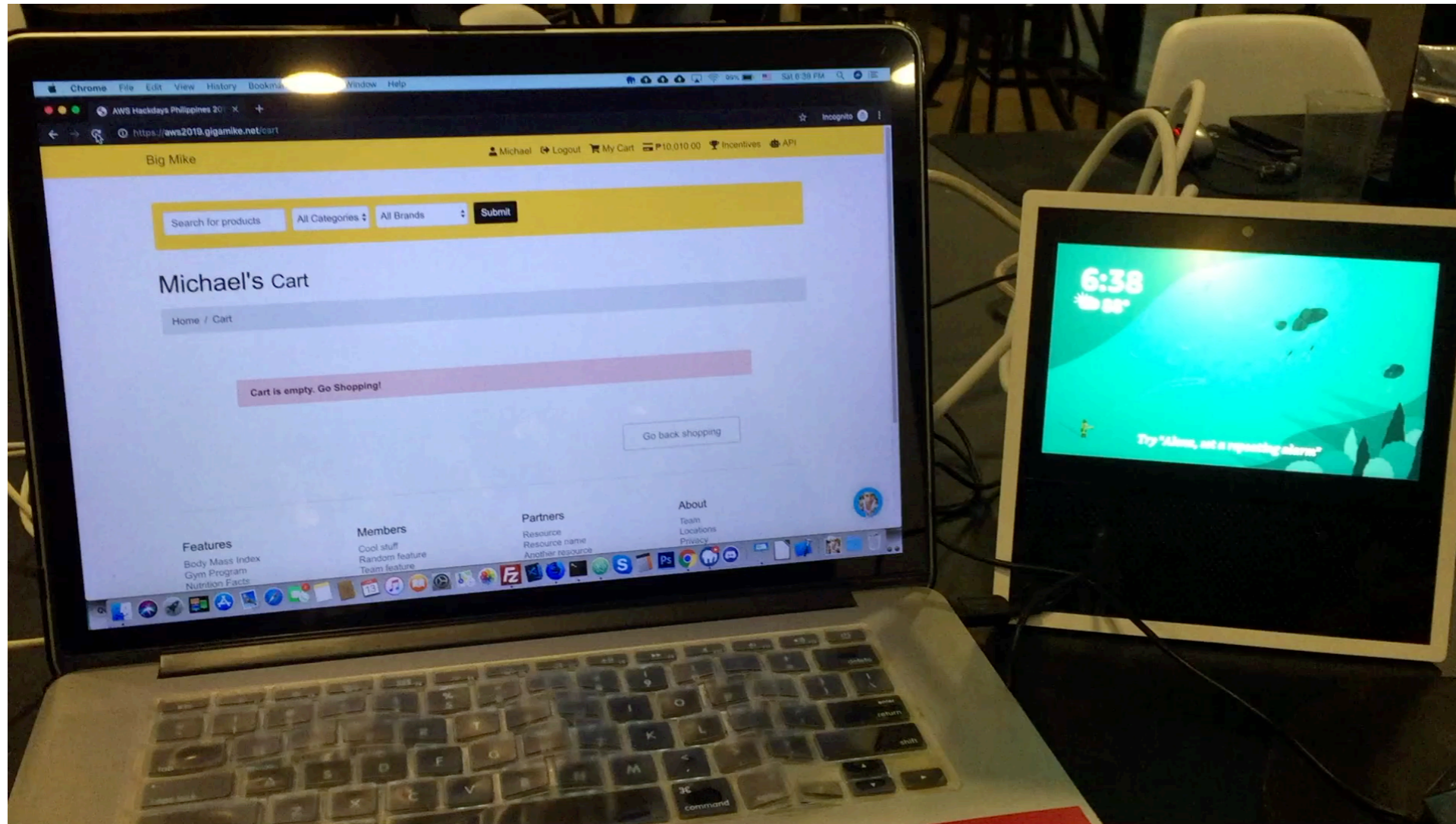
Demo Feature 3



Nutrition Facts

Alexa Ready Smart Refrigerators - **Smart Appliances.**
Prepare **healthy meals.**

Demo Feature 4



Health Products/Gym Accessories

Order while preparing your meal or doing some workout

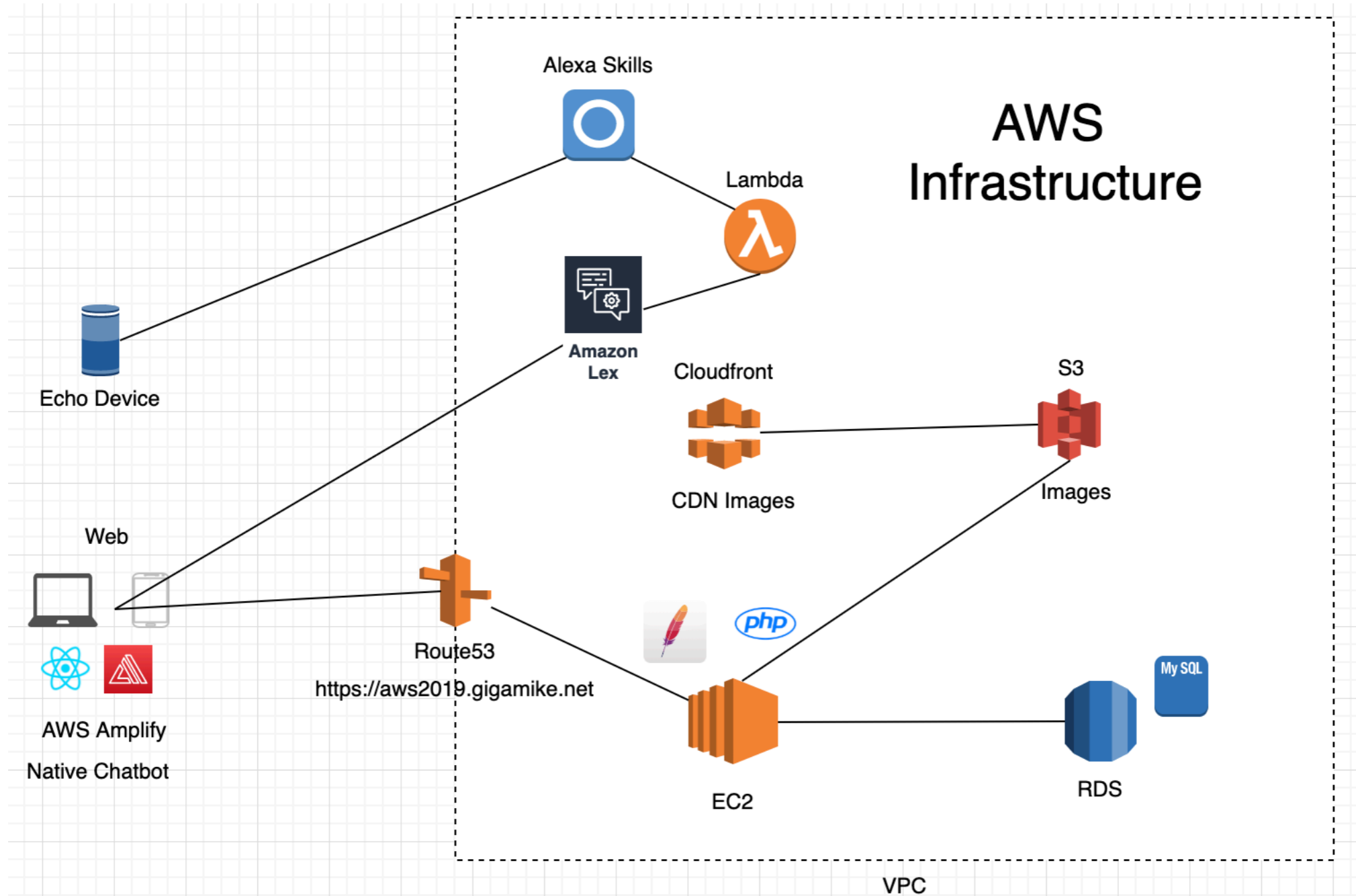
Business Model

- **Online product selling or retail.**
- **Subscription service.**
- **Alexa Developers Rewards.**



“We provide a reliable and trusty worthy health and fitness resources in the market.”

How we did it?



Next Step

- **Implement Virtual Currency/loyalty rewards using blockchain.**
- **Chatbot for android app and iOS app devices.**
- **Chatbot support for socials.**
- **Custom gym program/exercise/nutrition/diet depending on user profile through Machine Learning.**

Questions?

Thank you